

THE INVERMERE DISTRICT CURLING CLUB SOCIETY

INVERMERE DISTRICT CURLING CENTRE

ILLNESS POLICY

In this policy, “**Team member**” includes a curler, employee, volunteer, or parent/spectator.

1. Team members should assess themselves for any symptoms of COVID-19.:

- Symptoms include fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

2. If a Team Member is feeling sick with COVID-19 symptoms:

- They should remain at home and contact Health Link BC at 8-1-1.
- If they feel sick and /or are showing symptoms while at the Curling Centre, they should return home immediately and contact 8-1-1 or a doctor for further guidance.
- No Team Member may participate in a curling activity if they are symptomatic.
- Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility.
- Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility.
- Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.

3. If a Team Member tests positive for COVID-19:

NOTE: A positive test will trigger the local health authority to implement contact tracing. Do not attempt to do the contact tracing on their behalf. Please ensure you work with them to communicate about the outbreak.

- The Team Member will not be permitted to return to the Curling Centre until they are free of the COVID-19 virus.
- Any Team Members who share a home or work closely with the infected Team Member will also be barred from the facility for at least 14 days to ensure the infection does not spread further.
- Close off, clean and disinfect the affected areas of the Curling Centre immediately and particularly any surfaces and equipment that could have potentially be infected/touched.

4. If a Team Member has been tested and is waiting for the results of a COVID-19 Test:

- As with the confirmed case, the Team Member will be barred from the Curling Centre.
- Other Team Members who may have been exposed will be informed and barred from the Curling Centre for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- The affected areas of the Curling Centre will be closed off, cleaned, and disinfected immediately, particularly surfaces that could have potentially been infected/touched.

5. If a Team Member has come in to contact with someone who is confirmed to have COVID-19:

- Team Members must advise their teammates and the Curling Centre Manager if they reasonably believe they have, or have been exposed to, COVID-19.
- Once the contact is confirmed, the Team Member will be barred from the Curling Centre for at least 14 days or as otherwise directed by public health authorities. Team Members who may have come into close contact with the Team Member will also be barred from the Curling Centre for at least 14 days.
- The Curling Centre will be closed off, cleaned, and disinfected immediately, particularly surfaces that could have potentially been infected/touched.

6. Consequences of Travel Outside Canada:

- Any Team Member who has travelled outside of Canada within the last 14 days is not permitted to enter any part of the Curling Centre until at least 14 days from the date of return to Canada. All other restrictions in this policy also continue to apply.